



My Uniform Rebate

CLAIMABLE EXPENSES

The following is a list of claimable expenses which are permitted under HMRC regulations.

- Business fuel/mileage
 - 45p per mile for the 1st 10,000 miles
 - 25p per mile for each mile over 10,000 miles
- Motor repairs/ MOT
- Insurances (Business/Professional/Motor)
- Clothing (Uniform/Business)
- Equipment
- Home phone
- Mobile Phone
- Broadband
- Stationery and printing
- Accommodation (Overnight / Short or long term assignments)
- Travel costs (Bus/Train/Tube fares)
- Professional subscriptions (Membership/Journals/Magazines)
- Cleaning
- Use of Home (£10.00 per week under HMRC regulations)
- Subsistence (If working away from main place of employment) Regular Working Hours – During your regular working hours at a temporary workplace the follow rates apply:

- 1 Meal Rate – at least 5 hours away from home/regular work place – £5 per day; or
- 2 Meal Rate – at least 10 hours away from home/regular place of work – £10 per day

Irregular Working Hours – if you have to start early or work late in addition to your normal working day the following rates apply, all claims will be reviewed against timesheets:

- Breakfast Rate – Leave home before 6am – £5 per day
- Late Evening Meal Rate – Leave work after 8pm – £15 per day

In addition to the above any other items which are purchased solely for business purposes and can be justified will be permitted.

Alternatively if you have any doubts, then please feel free to contact one of our experts on 01438 313111.